

COC's COVID-19 Policy

Introduction

Since the pandemic began, one thing we've learned about COVID-19 is that outside seems to be the safer way for people to gather. Additionally, Vitamin D, which your body produces when you're out in the sun, is indicated for having a better outcome with the virus if you are infected.

That being said, Calgary needs the Calgary Outdoor Club now more than ever. We have an opportunity to bring people together in a safe manner, facilitating the creation of community, connections and friendships.

Our number one priority for offering events in a Covid-world is safety. We want to enrich people's lives, not cause harm. To that end, we offer three levels of COVID-19 safety measures on our events:

- 1) The Government of Alberta sets restrictions and guidelines for the province;
- 2) The COC may set additional restrictions and guidelines for events, which build on top of the provincial restrictions and guidelines;
- 3) An event coordinator may set additional restrictions and guidelines for their events, which build on top of the COC restrictions and guidelines.



This policy document discusses:

- 1) The Rights and Obligations of all parties involved in Calgary Outdoor Club events (the club itself, the coordinator, and the attendee)
- 2) The Calgary Outdoor Club Guidelines and Restrictions (above and beyond the GoA guidelines and restrictions)
 - a. For Event Coordinators
 - b. For Attendees
- 3) Dealing with an Incident (Process for Event Coordinators)

For current information about the Government of Alberta's guidelines and restrictions, see:

- 1) [Enhanced Public Health Measures](#)
- 2) [Guidance for Sport, Physical Activity and Recreation](#)
- 3) [Physical Distancing CMOH order 26-2020](#)
- 4) [All Guidance Documents](#)

Rights and Obligations

| Party | Rights | Obligations |
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| Calgary Outdoor Club | <p>has the right to define and enforce restrictions and guidelines for safe participation in club events</p> <p>has the right to suspend or revoke club membership for non-compliance with the restrictions and guidelines on an event</p> <p>has the right to engage the authorities (e.g., police) in the event of malicious non-compliance (e.g., deliberate coughing on any other person)</p> | <p>has the obligation to set reasonable, safe guidelines and restrictions</p> <p>has the obligation to support its event coordinators and assist with incident resolution if required</p> |
| Event Coordinator | <p>has the right to define and enforce restrictions and guidelines over and above the COC's restrictions and guidelines</p> <p>has the right to expect compliance with all restrictions and guidelines from all attendees</p> <p>has the right to expel any attendee for non-compliance with restrictions and guidelines</p> <p>has the right to ban a non-compliant attendee from attending future events coordinated by themselves</p> | <p>has the obligation to enforce compliance with all guidelines and restrictions for an event, including:</p> <p>a) Expulsion of a non-compliant attendee</p> <p>b) Immediate cancelation of an event in an unsafe situation</p> <p>c) Proceeding with the event without the non-compliant attendee</p> |
| Attendee | <p>has the right to bring to the attention of the coordinator anyone who is in non-compliance</p> | <p>has the obligation to comply with all guidelines and restrictions for any event attended</p> |

Calgary Outdoor Club Guidelines and Restrictions

These guidelines and restrictions build on top of the general COC guidelines and restrictions. For complete information about the general COC guidelines and restrictions, see:

- 1) Coordinator Commandments: <https://www.calgaryoutdoorclub.com/member/portal/manual/commandments.asp>
- 2) Safety Policy: <https://www.calgaryoutdoorclub.com/member/portal/manual/safety.asp>

COVID-19-Specific Guidelines and Restrictions for Event Coordinators

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| Group Maximums | Current maximum attendees (including coordinator) is 6. Although the current AHS restrictions allow for 10, the COC tends to bring together multiple people from different households, and so we must use an additional level of caution, and therefore, at this time, we limit group sizes to 6. Coordinators may choose a smaller |
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| | <p>maximum. Consider that, depending on the activity, a larger group size may compel attendees to get closer to one another than may be considered safe.</p> |
| Carpooling | <p>Coordinators may post a convoy/meeting location, however they should not plan or coordinate carpools at this time. Participants will have to choose their own carpool options based on who they are comfortable riding with or may choose to convoy in their own vehicle. Wearing masks in a carpool vehicle, wiping down/sanitizing of contact areas within the vehicle, and use of hand sanitizer is at the discretion of the vehicle owner.</p> |
| Outdoor Activities | <p>Outdoor activities must follow provincial guidelines for physical distancing. Keep this in mind when selecting your activity, and setting your maximum number of attendees.</p> <p>The physical distancing requirement of 2m precludes any court activities involving doubles – only singles games on court. Multiple player activities are permitted provided the physical distancing requirement can be maintained.</p> <p>Outdoor activities including shared equipment must:</p> <ol style="list-style-type: none"> 1) Require that shared equipment be sanitized between people touching it; OR 2) Require that attendees bring their own hand sanitizer or “Brent Bottle”, and use it frequently during the activity <p>Firepit events are allowed, as long as they (1) abide by the COC’s max attendees, and (2) restrict “cooking at the fire” activities to two people at a time.</p> |
| Indoor Activities | <p>Only virtual (learn, meeting, social) indoor events are permitted at this time.</p> |
| Event Itinerary – COVID-19 Questionnaire | <p>Every event itinerary must include the COVID-19 Questionnaire, in red font:</p> <p>COVID-19 Questionnaire: Participation in this event is conditional upon the acceptance and adherence to COC COVID-19 protocols (see link at the top of our home page). Failure to comply with these protocols may result in removal from this event and/or future events.</p> <p>Please answer the following questions in the comments or medical section during the sign-up process, in addition to signing the waiver.</p> <ul style="list-style-type: none"> • Have you travelled in the last 14 days? • Are you showing any symptoms, been in contact with a confirmed or presumptive case, or been tested positive at all? • Have you read and understood the current restrictions that are club policy during the COVID-19 situation? <p>HTML (to copy/paste into your event): <p>COVID-19 Questionnaire: Participation in this event is conditional upon the acceptance and adherence to COC COVID-19 protocols (see link at the top of our home page). Failure to comply with these protocols may result in removal from this event and/or future events. Please answer the following questions in the comments section during the sign-up process, in addition to signing the waiver: </p> |

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| | <ul style="list-style-type: none"> Have you travelled in the last 14 days? Are you showing any symptoms, been in contact with a confirmed or presumptive case, or been tested positive at all? Have you read and understood the current restrictions that are club policy during the COVID-19 situation? |
| Event Reminder | A reminder of the COVID-19 policy and questionnaire should be included in the e-mail reminder. |
| Event Start | COVID-19 guidelines and restrictions for the event may be verbally repeated at the convoy, and/or event start to be sure all participants are aware of the current restrictions at the coordinator's discretion. |
| Attendee List | Be sure to check your attendee list to ensure that all attendees have answered the COVID-19 Questionnaire when they registered for the event. Contact and/or remove attendees who do not respond to the questionnaire. |

COVID-19-Specific Guidelines and Restrictions for Attendees

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| Event Changes/Cancelation | Event may be cancelled or changed on short notice due to changes in government restrictions, or at the coordinators discretion. |
| Food/Snacks | Bring your own. No sharing permitted. |
| Masks | Encouraged but not required. It is strongly suggested masks be taken even if not used the whole time, in case of an emergency or if a situation develops that requires them and/or PPE gloves. |
| Hand Washing/Sanitizer | Encouraged wherever possible. Bring your own wipes, sanitizer, or "Brent Bottle" (http://stumblingaroundtherockies.blogspot.com/2020/09/pandemic-must-have-brent-bottle.html). |
| Illness | Please do not sign up if you are experiencing any flu like, cold, or COVID-19 symptoms, or if you have been exposed to a presumptive or confirmed case of COVID-19, even if you're not showing symptoms. |
| Event Registration | Please remember to answer the COVID-19 questions in the notes section when you register for an event. |

Dealing with an Incident (Process for Event Coordinators):

- 1) Remember what Spock always said: The needs of the many outweigh the needs of the few, or the one. The “needs of the many” include YOUR safety needs as well, and you should be prepared to defend those needs against harm from a non-compliant attendee. It’s never fun being the “heavy” with people on an event when you just want to go out and have fun, but unfortunately, that occasionally happens.
- 2) Explain the guidelines and restrictions and request that the participant comply with them for the safe enjoyment of all participants;
- 3) If requesting compliance does not result in a safe resolution:
 - a. If possible, contact (via text or phone) a member of the Covid Committee, or if no Covid Committee member is available, any member of the Executive Committee, who will assist with risk mitigation and safe resolution;
 - b. If it’s not possible to contact an outside party, enlist a trusted event attendee to help mitigate the risk;
 - c. If there’s no safe way to proceed with the event, cancel the event on the spot and advise the attendees to disperse;
 - d. If you can safely proceed with the event, proceed.

Version History

| Version | Date | Lead Author | Comments |
|----------------|-------------|--------------------|--|
| 1.0 | 2020-07-01 | Grant Parkin | Created |
| 2.0 | 2020-11-08 | Rhonda Scheurer | Added Introduction, Rights and Obligations, Dealing with an Incident. Re-organized Guidelines and Restrictions, and: <ul style="list-style-type: none">- Modified COVID-19 Questionnaire for event itineraries- Modified “shared equipment” section of Outdoor Activities guidelines |
| 2.1 | 2020-11-09 | Rhonda Scheurer | Standardized the use of “COVID-19” throughout document Updated Questionnaire and added copy/paste HTML |
| 2.2 | 2020-11-13 | Rhonda Scheurer | Added link to GoA’s “Enhanced Public Health Measures” |
| 2.3 | 2020-11-24 | Rhonda Scheurer | Lower allowed maximum from 12 to 6. |
| 2.4 | 2020-12-02 | Rhonda Scheurer | Add Firepit Events to “Outdoor Events” section |